

Platz	Name	Zeit	Jahr
1.	Miriam Zirk	02:44:31	2019
2.	Jana Kappenberg	02:54:20	2011
3.	Ute Eckenbach	02:54:53	1994/95
4.	Sophia Salzwedel	02:57:17	2016
5.	Brigitte Ziegler	02:57:28	1998
6.	Christiane Graeber	02:59:07	2000
7.	Raija Schmidt	03:01:41	2019
8.	Eva Kammer	03:02:50	2003
9.	Sandra Lehmkuhl	03:04:09	2017
10.	Rita Lanwer	03:05:08	2000
11.	Kirsten Althoff	03:07:16	2019
12.	Katharina Hauertmann	03:07:48	2014
13.	Renate Müller	03:07:48	1993
14.	Petra Rüdebusch	03:07:56	2017
15.	Hannelore Horst	03:09:09	2002
16.	Ruth Lutz	03:09:55	1996
17.	Britta Brouwer	03:10:20	2014
18.	Anne Holtkötter	03:10:36	2000
19.	Ira Schwefer	03:11:46	2014
20.	Kristin Möse	03:13:45	2019
21.	Silvia Sprenger	03:13:47	2019
22.	Sabine Lachmann	03:14:29	2008
23.	Sarah Honemann	03:14:32	2010
24.	Sue Rossano Rivero	03:17:27	2013
25.	Juliana Rotthauwe	03:19:12	2015
26.	Corinna Meiser	03:20:14	2015
27.	Maria Feyerabend-Hoveling	03:20:35	2006
28.	Melina Buil	03:20:45	2018
29.	Antje Buning	03:20:46	2000
30.	Julia Suwelack	03:21:47	1999
31.	Nicole Essing	03:22:38	2015
32.	Susanne Rellensmann	03:22:55	2009
33.	Sabine Fischer	03:23:16	2011
34.	Nadine Borgmeier	03:24:18	2010
35.	Stephanie Michels	03:25:37	2013
36.	Julia Juchem	03:26:01	2006
37.	Verena Draude	03:26:47	2009
38.	Dagmar Großmann	03:27:46	1995
39.	Hildegard Kerkhoff	03:28:12	1999
40.	Jessica Driesch	03:28:27	2015
41.	Marlies Sprenger	03:28:35	1995
42.	Michaela Winter	03:29:17	2019
43.	Eva-Maria Gaszek	03:29:19	2017
44.	Hildegard Durynek	03:29:51	1993
45.	Eva Schönefeld	03:30:01	2016
46.	Barbara Lerch	03:31:53	1994
47.	Dagmar Okoro	03:33:30	1994
48.	Carolin Krüll	03:33:41	2019
49.	Inge Wille	03:34:32	1994
50.	Delia Krell-Witte	03:35:00	2014
51.	Stephanie Hoppe	03:35:52	2015
52.	Alida Kranenburg	03:39:39	2002
53.	Claudia Klein	03:41:45	1996
54.	Angelika Dohmann	03:42:25	2005
55.	Christel Kersebaum	03:42:52	2009

Platz	Name	Zeit	Jahr
56.	Katrin Wilkes	03:43:25	2013
57.	Christiane Nienhaus	03:43:39	2004
58.	Wiebke Arkenau	03:44:45	2018
59.	Sina Kerkering	03:45:38	2017
60.	Anke Mösle	03:45:59	2013
61.	Annegret Böske	03:46:14	1991
62.	Alena Finckh	03:46:14	2019
63.	Svenja Klem	03:47:02	2017
64.	Eva Wulfheide	03:47:03	1989
65.	Annette Schwarzkopp	03:47:38	2000
66.	Eva Tingelhoff	03:47:53	2018
67.	Rosa Gomes	03:47:57	2013
68.	Anne Thonemann	03:48:21	1992
69.	Elke Buth	03:48:33	2008
70.	Barbara Schonebeck	03:48:55	2003
71.	Parvin Kamp	03:49:17	2009
72.	Anne Gerlach	03:49:34	2012
73.	Heidi Dittrich	03:50:16	2004
74.	Birgit Nathaus	03:50:23	2009
75.	Heike Koch	03:51:19	2015
76.	Magdalena Cantu	03:51:35	2012
77.	Ute König	03:51:56	2005
78.	Tina Althoff	03:52:40	2019
79.	Marion Rother	03:52:55	2006
80.	Michaela Zinke	03:53:24	2006
81.	Mascha Veauthier	03:53:28	2015
82.	Maria Hemsing	03:54:05	2003
83.	Nina Jansing	03:54:25	2019
84.	Caroline Schoneberg	03:54:36	2019
85.	Katharina Knop	03:54:46	2015
86.	Sylvia Prinz	03:55:04	2002
87.	Annette Schmitz	03:55:12	2009
88.	Björna Althoff	03:55:19	2010
89.	Christel Löchte	03:55:25	2002
90.	Maria Beckmann	03:55:55	2019
91.	Sigrid Petry	03:55:59	2002
92.	Barbara Heuer	03:56:08	2016
93.	Helga Hillen	03:56:47	2015
94.	Katrin Wachsmann	03:56:50	2018
95.	Christiane Bennink	03:57:12	2002
96.	Helga Landfried-Teodoruk	03:57:29	1998
97.	Christine Herbert	03:57:34	1998
98.	Simone Ruder	03:57:38	2006
99.	Silvia Lehnert	03:57:39	2008
100.	Britta Drude	03:57:47	2010
101.	Beate Hagemann	03:58:02	2009
102.	Bärbel Ratering-Slüter	03:58:23	2016
103.	Katrin Bräutigam	03:58:31	2009
104.	Corinna Bindrim	03:58:37	2017
105.	Jutta Bendix	03:58:39	2009
106.	Charlotte Bay	03:59:37	2018
107.	Vanessa Radusch	04:00:20	2013
108.	Astrid Leifhelm	04:02:04	2019
109.	Gertrud Unländer	04:02:09	1998
110.	Cecilia Pöpke	04:03:52	2001

Platz	Name	Zeit	Jahr
111.	Martha Eggert	04:05:18	2019
112.	Annette Daum	04:06:21	1999
113.	Renate Lepkowski	04:06:22	1999
114.	Nicole Bäcker-Kintrup	04:06:43	2010
115.	Karin Grawe	04:07:41	1999
116.	Alexandra Bloch Pfister	04:07:53	2015
117.	Maren lütke Zutelgte	04:08:16	2016
118.	Christa Sieme	04:09:58	1997
119.	Ilona Bredebusch	04:10:47	2008
120.	Stephanie Wieland	04:11:35	2013
121.	Ingrid Johannes	04:11:57	2003
122.	Miriam Kolar	04:12:24	2017
123.	Almut Mecking	04:12:36	2008
124.	Diana Schilling	04:12:51	2015
125.	Kerstin Loeser	04:13:26	2012
126.	Jennifer Warbinger	04:14:24	2019
127.	Marion Urmelt	04:14:47	2016
128.	Brigitte Hölmer	04:15:13	1992
129.	Jutta Homann	04:15:47	2014
130.	Magdalene Everke-Mecheln	04:16:29	2005
131.	Andrea Schneider	04:17:47	2018
132.	Sabine Roleff	04:18:38	2002
133.	Susanne Koch	04:18:44	2011
134.	Claudia Enning	04:18:46	2011
135.	Birte Tiedemann	04:19:04	2015
136.	Vera Raidt	04:19:09	2008
137.	Annika Maaßen	04:19:30	2017
138.	Marion Baumeister	04:20:04	2013
139.	Bruni Rickmann	04:20:09	1993
140.	Elisabeth Joris	04:20:32	2014
141.	Mechthild Neuer	04:20:36	2003
142.	Martina Cwojdzinski	04:20:47	2017
143.	Kristina Suthues	04:21:03	2011
144.	Susanne Große Lutermann	04:21:20	2012
145.	Beate Naujeck-Peters	04:21:27	2016
146.	Ulrike Hartkopf	04:21:28	2006
147.	Simone Löchte	04:22:22	2005
148.	Ulrike Meurer	04:22:53	2018
149.	Martina Pösentrup	04:24:07	2019
150.	Rita Ruland	04:24:08	2004
151.	Lucia Dießel	04:24:35	2013
152.	Gaby Bäumker	04:24:37	2005
153.	Gabriele Rotering	04:24:42	2009
154.	Heike Eickhoff	04:25:17	2009
155.	Tatjana Bialas	04:25:32	2003
156.	Hildegard Korte	04:25:32	1988
157.	Karla Kokott	04:25:56	1988
158.	Maren Engl	04:26:04	2017
159.	Claudia Hartleb	04:26:15	2007
160.	Carola Kuhlmann	04:26:26	2010
161.	Brigitte Heckmann	04:26:29	2008
162.	Gaby Brinck	04:26:59	1997
163.	Mechthild Wolfgramm	04:26:59	1997
164.	Annette Seitter	04:27:24	2017
165.	Nadine Hengefeld	04:27:51	2012

Platz	Name	Zeit	Jahr
166.	Marianne Voetz	04:28:05	2011
167.	Kirsten Agel	04:28:11	2003
168.	Gabi Ringas	04:28:19	2007
169.	Ruth Farke	04:28:26	2006
170.	Jenny Engler	04:28:52	2017
171.	Mechthild Schubert	04:29:02	2007
172.	Dzemila Muratovic	04:29:09	2008
173.	Christa Papenkort	04:29:19	2002
174.	Lucia Röttger	04:29:22	2007
175.	Petra Benz	04:29:46	1995
176.	Petra Hendricks	04:29:53	2019
177.	Kirsten Jungkamp	04:30:58	2015
178.	Anke Hasebrock	04:31:09	2011
179.	Dagmar Pitzler	04:31:39	1993
180.	Petra Frisse	04:32:07	2015
181.	Petra Klauß-Vielmeyer	04:32:37	2017
182.	Renate Bees	04:34:13	1992
183.	Birgit Karst	04:34:22	2006
184.	Anna Ringbeck	04:34:37	2014
185.	Hedwig Althoff	04:34:58	2018
186.	Monika Herding	04:35:16	2007
187.	Antje Katrin Pöcheim	04:36:23	2017
188.	Heike Lüken	04:36:50	2019
189.	Andrea Hillebrand	04:37:00	1995
190.	Carola Pörschke	04:37:30	2006
191.	Nicole Woermann-Riedel	04:37:34	2017
192.	Sarah Hacke	04:37:37	2009
193.	Sabine Harbering	04:37:47	2010
194.	Monika Sieverdingbeck	04:39:05	2000
195.	Ellen Fennenkötter	04:39:51	2017
196.	Antje Leidiger	04:39:57	2003
197.	Elke Boysen	04:40:27	1997
198.	Elisabeth Revering	04:41:15	2003
199.	Hildegard Brummel	04:44:32	2000
200.	Barbara Wigger	04:44:47	1998
201.	Jutta Tüllmann	04:46:32	1999
202.	Vivien Münstermann	04:47:20	2017
203.	Simone de Kruijff	04:48:43	2017
204.	Melanie Ditrich	04:49:15	2000
205.	Maren Henry	04:49:54	2012
206.	Hildegard Huesker	04:50:10	2001
207.	Roswitha Corsmeier	04:50:55	2001
208.	Anusch Melkonyan	04:51:12	2004
209.	Angelika Roland	04:51:19	2001
210.	Inke Rieskamp	04:51:47	2004
211.	Susanne Brinck	04:52:54	2008
212.	Vera Kovermann	04:53:30	2018
213.	Daniela Lohm	04:53:31	2007
214.	Heilswint Siegmund	04:53:31	2007
215.	Doris Ring	04:54:15	2002
216.	Angelika Syska	04:54:59	2009
217.	Elfi Lorbach	04:55:22	2005
218.	Sunniva Schulz	04:56:07	2001
219.	Klaudia Brinkmeier	04:58:31	2017
220.	Hella von Lützu	04:58:36	2014

Platz	Name	Zeit	Jahr
221.	Monika Dropmann	04:58:40	2006
222.	Anne-Kathrin Willamowski	04:58:54	2005
223.	Heike Belkner	05:01:03	2019
224.	Yvonne Körner	05:01:44	2013
225.	Andrea Beigel	05:02:24	2004
226.	Martina Wesseler	05:02:32	2015
227.	Uschi Sypiena	05:02:45	2005
228.	Maria Leifeld	05:02:47	2005
229.	Christa Wolgast-Azouz	05:03:15	2002
230.	Julia Koch	05:03:44	2017
231.	Heike Homann	05:05:32	2016
232.	Kerstin Seiler	05:05:35	2010
233.	Dorothea Tewes	05:06:57	2002
234.	Andrea Rump	05:07:50	2006
235.	Eva-Maria Jacobs	05:08:00	2015
236.	Heike Berndt	05:08:07	2009
237.	Nathalie Englert	05:10:09	2016
238.	Sabine Decker	05:10:11	2008
239.	Sabine Goschke	05:10:24	2010
240.	Renate Bochinski	05:11:01	2002
241.	Irmgard Kiewitt	05:12:24	1993
242.	Andrea Reisener	05:12:29	2007
243.	Ulrike Wegener	05:12:44	2015
244.	Irmgard Rüpp	05:14:16	2002
245.	Christiane Bodenberger	05:14:17	2002
246.	Marita Reimann	05:14:17	2002
247.	Christa Ruten	05:14:58	2009
248.	Anke Leßmann	05:17:35	2005
249.	Andrea Müller	05:17:59	2005
250.	Gaby Spatz	05:18:09	2015
251.	Anne Wiedemann	05:21:39	2007
252.	Petra Caspari	05:22:10	2004
253.	Ingeborg Kanter	05:22:33	2002
254.	Monika Kristowiak	05:22:34	2002
255.	Eva-Maria Rochau	05:24:42	2003
256.	Carolin Brosig	05:24:52	2019
257.	Elke Schulz	05:25:02	2005
258.	Brunhilde Dargel	05:27:09	2003
259.	Bärbel Sinke	05:27:09	2003
260.	Birgit Redeker	05:31:25	2006
261.	Anke Beilharz-Wüster	05:32:00	2019
262.	Gisela Hoischen	05:32:45	2002
263.	Beate Roth	05:40:18	2016
264.	Claudia Obert	05:43:39	2002
265.	Carmen Gottlob	05:49:53	2015
266.	Kornelia Sommerfeld-Poell	05:59:13	2000