

## Jahresbestenliste 1992

MÄNNER

FRAUEN

3 km					
Antonio	Henrique	09:28	Anne	Holtkötter	12:30
Friedhelm	Hirche	10:09			
Michael	Holtkötter	10:30			
5 km					
Antonio	Henrique	16:09	Anne	Holtkötter	22:02
Paolo	Henrique	17:23	Elisabeth	Revering	27:44
Friedhelm	Hirche	17:34	Gaby	Brinck	30:28
Ewald	Fikus	17:49	Silke	Driese	31:34
Michael	Holtkötter	17:53	Marlies	Stöppler	31:34
Carlos	Benedito	18:22	Monika	Renne	31:35
Torsten	Driese	18:35	Jutta	Tüllmann	31:35
Dieter	Riemenschneider	20:25	Maria	Sohn	31:37
Jörg	Bungeroth	20:49			
Holger	Venjakob	21:46			
Willi	Pommerening	25:05			
Sven	Driese	26:31			
Helmut	Winkelmann	26:38			
Horst	Helmerich	27:58			
Alois	Teodoruk	30:22			
10 km					
Antonio	Henrique	33:41	Ute	Eckenbach	40:38
Ewald	Fikus	34:51	Renate	Müller	41:01
Egon	Roth	34:59	Brigitte	Ziegler	41:12
Friedhelm	Hirche	35:30	Ruth	Lutz	41:36
Wolfgang	Kunz	36:00	Anne	Holtkötter	42:27
Hans	Stöcker	36:20	Dagmar	Großmann	42:29
Manfred	Fleige	37:12	Hildegard	Durynek	44:39
Stefan	Priess	38:13	Annegret	Böske	47:53
Michael	Holtkötter	38:30	Brigitte	Hölmer	49:14
Gottfried	Schäfers	38:38	Marlies	Sprenger	49:28
Jens	Hafer	39:01	Christel	Herbert	50:03
Ingo	Kempe	39:19	Dagmar	Pitzler	50:13
Werner	Driese	39:37	Monika	Herding	50:34
Ulrich	Budde	40:12	Maria	Sohn	50:57
Stefan	Chrzanowski	40:17	Irmgard	Varnhagen	51:13
Detlef	Bärhold	41:00	Karin	Humpohl	52:48
Rüdiger	Buchholz	42:01	Petra	Benz	54:13
Dieter	Wagner	42:30	Renate	Bees	54:37
Thomas	Düking	42:50	Ursula	Claus	56:01
Rolf	Rosema	43:55	Dagmar	Okoro	56:10
Henning	Rinsche	43:56	Gertrud	Unländer	57:20
Holger	Venjakob	43:56	Jutta	Tüllmann	57:30
Martin	Möller	44:35	Mechthild	Wolfgramm	57:34
Wilfried	Grünwald	45:37	Monika	Renne	57:39
Jürgen	Janutta	45:49	Gaby	Brinck	57:57
Matthias	Pick	45:57	Helga	Landfried	58:22
Günter	Antemann	46:17	Elisabeth	Revering	59:15
Paul	Gärtner	46:26			
Torsten	Driese	46:29			
Peter	Schäfers	46:47			
Reiner	Schulte	47:12			
Josef	Hillebrand	47:50			

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10 km					
Lothar	Sohn	48:12			
Hans-J	Cirkel	48:22			
Klaus	Lietzow	48:35			
Dieter	Raestrup	49:08			
Dieter	Hölmer	49:15			
Michael	Schmeckel	49:34			
Ferdinand	Trampczynska	50:11			
Marcel	Middendorf	50:21			
Jürgen	Grote	50:32			
Helmut	Winkelmann	50:52			
Walter	Elsinghorst	51:06			
Lothar	Bodenberger	52:37			
Heinz	Koßmeier	53:10			
Ludwig	Dornseif	54:23			
Karl-Heinz	Brüse	55:55			
Rudolf	Heymer	56:19			
Jürgen	Wolfgramm	57:33			
Willi	Pommerening	57:41			
Jürgen	Revering	57:41			
15 km					
Antonio	Henrique	52:39	Ute	Eckenbach	01:01:58
Egon	Roth	54:20	Renate	Müller	01:02:44
Ewald	Fikus	55:02	Ruth	Lutz	01:06:09
Hans	Stöcker	56:04	Brigitte	Ziegler	01:06:36
Gottfried	Schäfers	01:00:27	Anne	Holtkötter	01:11:58
Ulrich	Budde	01:00:30	Annegret	Böske	01:14:09
Stefan	Chrzanowski	01:01:11	Dagmar	Okoro	01:21:28
Werner	Driese	01:03:13			
Rüdiger	Buchholz	01:04:53			
Henning	Rinsche	01:05:09			
Holger	Venjakob	01:08:25			
Michael	Holtkötter	01:11:59			
Dieter	Raestrup	01:14:40			
20 km					
Antonio	Henrique	01:09:01	Renate	Müller	01:27:10
Manfred	Fleige	01:18:36	Ruth	Lutz	01:31:09
Hans	Stöcker	01:18:50	Hildegard	Durynek	01:33:42
Egon	Roth	01:18:57	Anne	Holtkötter	01:34:36
Stefan	Chrzanowski	01:19:21	Anne	Thonemann	01:37:57
Ulrich	Budde	01:25:43	Dagmar	Okoro	01:40:53
Hermann	Löchte	01:28:08	Brigitte	Hölmer	01:43:25
Ewald	Fikus	01:31:42	Petra	Wieland	01:46:53
Jürgen	Grote	01:34:31	Annegret	Böske	01:48:25
Matthias	Pick	01:34:47	Marlies	Sprenger	01:54:12
Wilfried	Grünwald	01:36:31			
Jürgen	Janutta	01:41:17			
Walter	Elsinghorst	01:42:19			
Dieter	Hölmer	01:43:26			
Lothar	Bodenberger	01:48:10			
Rudolf	Heymer	01:56:28			
Harl-Heinz	Brüse	02:00:28			

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Halbmarathon					
Egon	Roth	01:17:18	Renate	Müller	01:34:50
Ewald	Fikus	01:18:32	Anne	Holtkötter	01:41:12
Manfred	Fleige	01:23:19	Annegret	Böske	01:44:30
Wolfgang	Kunz	01:24:37	Anne	Thonemann	01:48:02
Gottfried	Schäfers	01:25:13	Monika	Herding	01:54:29
Stefan	Chrzanowski	01:25:39	Petra	Benz	02:05:37
Alfredo	Carduso	01:27:11			
Henning	Rinsche	01:30:20			
Werner	Driese	01:30:53			
Ulrich	Budde	01:31:28			
Bodo	Bruder	01:33:16			
Thomas	Düking	01:35:49			
Matthias	Pick	01:40:13			
Jürgen	Grote	01:42:37			
Ferdinand	Trampczynska	01:48:03			
Michael	Schmeckel	01:52:48			
Lothar	Bodenberger	01:54:05			
Jürgen	Janutta	01:58:25			
25 km					
Antonio	Henrique	01:32:28	Hildegard	Kerkhoff	02:08:33
Egon	Roth	01:33:16	Maria	Sohn	02:30:25
Ewald	Fikus	01:34:34	Beate	Heiber	02:30:30
Jens	Hafer	01:41:39	Christel	Herbert	02:34:32
Ulrich	Budde	01:41:58	Petra	Benz	02:34:44
Jürgen	Tetzlaff	01:41:58	Gaby	Brinck	02:34:44
Werner	Driese	01:46:09	Karin	Humpohl	02:41:19
Stefan	Chrzanowski	01:46:17			
Wolfgang	Andexer	01:56:28			
Matthias	Pick	02:05:09			
Walter	Elsinghorst	02:08:46			
Jürgen	Grote	02:09:29			
Paul	Gärtner	02:13:43			
Rudolf	Heymer	02:24:55			
Helmut	Winkelmann	02:28:19			
Ferdinand	Trampczynska	02:28:21			
Lothar	Sohn	02:30:30			
30 km					
Antonio	Henrique	01:50:58			
Ewald	Fikus	01:53:50			
Egon	Roth	01:53:50			
Jens	Hafer	02:05:59			

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Marathon					
Antonio	Henrique	02:33:39	Ute	Eckenbach	03:04:51
Egon	Roth	02:46:42	Renate	Müller	03:14:56
Ewald	Fikus	02:48:56	Ruth	Lutz	03:27:18
Manfred	Fleige	02:56:05	Brigitte	Ziegler	03:31:25
Jens	Hafer	02:59:58	Hildegard	Durynek	03:33:35
Gottfried	Schäfers	03:01:35	Hildegard	Kerkhoff	03:48:21
Ulrich	Budde	03:09:58	Anne	Thonemann	03:48:21
Stefan	Priess	03:10:48	Annegret	Böske	03:51:32
Werner	Driese	03:13:31	Brigitte	Hölmer	04:15:13
Hans	Stöcker	03:14:13	Renate	Bees	04:34:13
Stefan	Chrzanowski	03:15:41			
Hermann	Löchte	03:17:13			
Bodo	Bruder	03:19:56			
Thomas	Düking	03:24:52			
Michael	Schmeckel	03:44:31			
Dieter	Wagner	03:48:10			
Henning	Rinsche	03:49:47			
Walter	Elsinghorst	03:50:31			
Wilfried	Grünewald	03:52:28			
Martin	Möller	03:55:35			
Jürgen	Sieme	03:57:34			
Jürgen	Grote	04:06:06			
Wolfgang	Andexer	04:08:53			
Dieter	Hölmer	04:15:13			
Jürgen	Janutta	04:15:22			
Lothar	Bodenberger	04:35:39			
100 km					
Bodo	Bruder	09:20:05			