

Platz	Name	Zeit	Jahr
1.	Jana Kappenberg	02:54:20	2011
2.	Ute Eckenbach	02:54:53	1994/95
3.	Sophia Salzwedel	02:57:17	2016
4.	Brigitte Ziegler	02:57:28	1998
5.	Christiane Graeber	02:59:07	2000
6.	Eva Kammer	03:02:50	2003
7.	Sandra Lehmkuhl	03:04:09	2017
8.	Rita Lanwer	03:05:08	2000
9.	Katharina Hauertmann	03:07:48	2014
10.	Renate Müller	03:07:48	1993
11.	Petra Rüdebusch	03:07:56	2017
12.	Hannelore Horst	03:09:09	2002
13.	Ruth Lutz	03:09:55	1996
14.	Britta Brouwer	03:10:20	2014
15.	Anne Holtkötter	03:10:36	2000
16.	Ira Schwefer	03:11:46	2014
17.	Sabine Lachmann	03:14:29	2008
18.	Sarah Honemann	03:14:32	2010
19.	Kristin Möse	03:17:05	2017
20.	Sue Rossano Rivero	03:17:27	2013
21.	Juliana Rotthauwe	03:19:12	2015
22.	Corinna Meiser	03:20:14	2015
23.	Maria Feyerabend	03:20:35	2006
24.	Antje Buning	03:20:46	2000
25.	Julia Suwelack	03:21:47	1999
26.	Nicole Essing	03:22:38	2015
27.	Susanne Rellensmann	03:22:55	2009
28.	Sabine Fischer	03:23:16	2011
29.	Nadine Borgmeier	03:24:18	2010
30.	Stephanie Michels	03:25:37	2013
31.	Julia Juchem	03:26:01	2006
32.	Verena Draude	03:26:47	2009
33.	Dagmar Großmann	03:27:46	1995
34.	Silvia Sprenger	03:27:48	2017
35.	Hildegard Kerkhoff	03:28:12	1999
36.	Jessica Driesch	03:28:27	2015
37.	Marlies Sprenger	03:28:35	1995
38.	Eva-Maria Gaszek	03:29:19	2017
39.	Hildegard Durynek	03:29:51	1993
40.	Eva Schönefeld	03:30:01	2016
41.	Barbara Lerch	03:31:53	1994
42.	Dagmar Okoro	03:33:30	1994
43.	Inge Wille	03:34:32	1994
44.	Delia Krell-Witte	03:35:00	2014
45.	Stephanie Hoppe	03:35:52	2015
46.	Alida Kranenburg	03:39:39	2002
47.	Claudia Klein	03:41:45	1996
48.	Angelika Dohmann	03:42:25	2005
49.	Christel Kersebaum	03:42:52	2009
50.	Katrin Wilkes	03:43:25	2013
51.	Christiane Nienhaus	03:43:39	2004
52.	Sina Kerkering	03:45:38	2017
53.	Anke Mösle	03:45:59	2013
54.	Annegret Böske	03:46:14	1991
55.	Svenja Klem	03:47:02	2017

Platz	Name	Zeit	Jahr
56.	Eva Wulfheide	03:47:03	1989
57.	Annette Schwarzkopp	03:47:38	2000
58.	Rosa Gomes	03:47:57	2013
59.	Anne Thonemann	03:48:21	1992
60.	Elke Buth	03:48:33	2008
61.	Barbara Schonebeck	03:48:55	2003
62.	Parvin Kamp	03:49:17	2009
63.	Anne Gerlach	03:49:34	2012
64.	Heidi Dittrich	03:50:16	2004
65.	Birgit Nathaus	03:50:23	2009
66.	Heike Koch	03:51:19	2015
67.	Magdalena Cantu	03:51:35	2012
68.	Ute König	03:51:56	2005
69.	Marion Rother	03:52:55	2006
70.	Michaela Zinke	03:53:24	2006
71.	Mascha Veauthier	03:53:28	2015
72.	Maria Hemsing	03:54:05	2003
73.	Katharina Knop	03:54:46	2015
74.	Sylvia Prinz	03:55:04	2002
75.	Annette Schmitz	03:55:12	2009
76.	Björna Althoff	03:55:19	2010
77.	Christel Löchte	03:55:25	2002
78.	Sigrid Petry	03:55:59	2002
79.	Barbara Heuer	03:56:08	2016
80.	Helga Hillen	03:56:47	2015
81.	Maria Beckmann	03:57:05	2017
82.	Christiane Bennink	03:57:12	2002
83.	Helga Landfried-Teodoruk	03:57:29	1998
84.	Christine Herbert	03:57:34	1998
85.	Simone Ruder	03:57:38	2006
86.	Silvia Lehnert	03:57:39	2008
87.	Britta Drude	03:57:47	2010
88.	Tina Althoff	03:57:48	2017
89.	Caroline Schoneberg	03:57:48	2017
90.	Beate Hagemann	03:58:02	2009
91.	Bärbel Ratering-Slüter	03:58:23	2016
92.	Katrin Bräutigam	03:58:31	2009
93.	Corinna Bindrim	03:58:37	2017
94.	Jutta Bendix	03:58:39	2009
95.	Vanessa Radusch	04:00:20	2013
96.	Gertrud Unländer	04:02:09	1998
97.	Cecilia Pöpke	04:03:52	2001
98.	Annette Daum	04:06:21	1999
99.	Renate Lepkowski	04:06:22	1999
100.	Nicole Bäcker-Kintrup	04:06:43	2010
101.	Karin Grawe	04:07:41	1999
102.	Alexandra Bloch Pfister	04:07:53	2015
103.	Maren lütke Zutelgte	04:08:16	2016
104.	Christa Sieme	04:09:58	1997
105.	Ilona Bredebusch	04:10:47	2008
106.	Stephanie Wieland	04:11:35	2013
107.	Ingrid Johannes	04:11:57	2003
108.	Miriam Kolar	04:12:24	2017
109.	Almut Mecking	04:12:36	2008
110.	Diana Schilling	04:12:51	2015

Platz	Name	Zeit	Jahr
111.	Kerstin Loeser	04:13:26	2012
112.	Katrin Wachsmann	04:13:27	2017
113.	Marion Urmelt	04:14:47	2016
114.	Brigitte Hölmer	04:15:13	1992
115.	Jutta Homann	04:15:47	2014
116.	Magdalene Everke-Mecheln	04:16:29	2005
117.	Sabine Roleff	04:18:38	2002
118.	Susanne Koch	04:18:44	2011
119.	Claudia Enning	04:18:46	2011
120.	Birte Tiedemann	04:19:04	2015
121.	Vera Raidt	04:19:09	2008
122.	Annika Maaßen	04:19:30	2017
123.	Marion Baumeister	04:20:04	2013
124.	Bruni Rickmann	04:20:09	1993
125.	Elisabeth Joris	04:20:32	2014
126.	Mechthild Neuer	04:20:36	2003
127.	Martina Cwojdzinski	04:20:47	2017
128.	Kristina Suthues	04:21:03	2011
129.	Susanne Große Lutermann	04:21:20	2012
130.	Beate Naujeck-Peters	04:21:27	2016
131.	Ulrike Hartkopf	04:21:28	2006
132.	Simone Löchte	04:22:22	2005
133.	Rita Ruland	04:24:08	2004
134.	Lucia Dießel	04:24:35	2013
135.	Gaby Bäumker	04:24:37	2005
136.	Gabriele Rotering	04:24:42	2009
137.	Martina Pösentrup	04:25:16	2017
138.	Heike Eickhoff	04:25:17	2009
139.	Tatjana Bialas	04:25:32	2003
140.	Hildegard Korte	04:25:32	1988
141.	Karla Kokott	04:25:56	1988
142.	Maren Engl	04:26:04	2017
143.	Claudia Hartleb	04:26:15	2007
144.	Carola Kuhlmann	04:26:26	2010
145.	Brigitte Heckmann	04:26:29	2008
146.	Gaby Brinck	04:26:59	1997
147.	Mechthild Wolfgramm	04:26:59	1997
148.	Annette Seitter	04:27:24	2017
149.	Nadine Hengefeld	04:27:51	2012
150.	Marianne Voetz	04:28:05	2011
151.	Kirsten Agel	04:28:11	2003
152.	Gabi Ringas	04:28:19	2007
153.	Ulrike Meurer	04:28:22	2017
154.	Ruth Farke	04:28:26	2006
155.	Jenny Engler	04:28:52	2017
156.	Mechthild Schubert	04:29:02	2007
157.	Dzemila Muratovic	04:29:09	2008
158.	Christa Papenkort	04:29:19	2002
159.	Lucia Röttger	04:29:22	2007
160.	Petra Benz	04:29:46	1995
161.	Kirsten Jungkamp	04:30:58	2015
162.	Anke Hasebrock	04:31:09	2011
163.	Dagmar Pitzler	04:31:39	1993
164.	Petra Frisse	04:32:07	2015
165.	Petra Klauß-Vielmeyer	04:32:37	2017

Platz	Name	Zeit	Jahr
166.	Petra Hendricks	04:33:38	2017
167.	Renate Bees	04:34:13	1992
168.	Birgit Karst	04:34:22	2006
169.	Anna Ringbeck	04:34:37	2014
170.	Monika Herding	04:35:16	2007
171.	Antje Katrin Pöcheim	04:36:23	2017
172.	Andrea Hillebrand	04:37:00	1995
173.	Carola Pörschke	04:37:30	2006
174.	Nicole Woermann-Riedel	04:37:34	2017
175.	Sarah Hacke	04:37:37	2009
176.	Sabine Harbering	04:37:47	2010
177.	Monika Sieverdingbeck	04:39:05	2000
178.	Ellen Fennenkötter	04:39:51	2017
179.	Antje Leidiger	04:39:57	2003
180.	Elke Boysen	04:40:27	1997
181.	Elisabeth Revering	04:41:15	2003
182.	Hildegard Brummel	04:44:32	2000
183.	Barbara Wigger	04:44:47	1998
184.	Jutta Tüllmann	04:46:32	1999
185.	Vivien Münstermann	04:47:20	2017
186.	Simone de Kruijff	04:48:43	2017
187.	Melanie Ditrich	04:49:15	2000
188.	Maren Henry	04:49:54	2012
189.	Hildegard Huesker	04:50:10	2001
190.	Roswitha Corsmeier	04:50:55	2001
191.	Anusch Melkonyan	04:51:12	2004
192.	Angelika Roland	04:51:19	2001
193.	Inke Rieskamp	04:51:47	2004
194.	Susanne Brinck	04:52:54	2008
195.	Daniela Lohm	04:53:31	2007
196.	Heilswint Siegmund	04:53:31	2007
197.	Doris Ring	04:54:15	2002
198.	Angelika Syska	04:54:59	2009
199.	Elfi Lorbach	04:55:22	2005
200.	Sunniva Schulz	04:56:07	2001
201.	Klaudia Brinkmeier	04:58:31	2017
202.	Hella von Lützu	04:58:36	2014
203.	Monika Dropmann	04:58:40	2006
204.	Anne-Kathrin Willamowski	04:58:54	2005
205.	Yvonne Körner	05:01:44	2013
206.	Andrea Beigel	05:02:24	2004
207.	Martina Wesseler	05:02:32	2015
208.	Uschi Sypiana	05:02:45	2005
209.	Maria Leifeld	05:02:47	2005
210.	Christa Wolgast-Azouz	05:03:15	2002
211.	Julia Koch	05:03:44	2017
212.	Heike Homann	05:05:32	2016
213.	Kerstin Seiler	05:05:35	2010
214.	Dorothea Tewes	05:06:57	2002
215.	Andrea Rump	05:07:50	2006
216.	Eva-Maria Jacobs	05:08:00	2015
217.	Heike Berndt	05:08:07	2009
218.	Nathalie Englert	05:10:09	2016
219.	Sabine Decker	05:10:11	2008
220.	Sabine Goschke	05:10:24	2010

Platz	Name	Zeit	Jahr
221.	Renate Bochinski	05:11:01	2002
222.	Irmgard Kiewitt	05:12:24	1993
223.	Andrea Reisener	05:12:29	2007
224.	Ulrike Wegener	05:12:44	2015
225.	Irmgard Rüpp	05:14:16	2002
226.	Christiane Bodenberger	05:14:17	2002
227.	Marita Reimann	05:14:17	2002
228.	Christa Ruten	05:14:58	2009
229.	Anke Leßmann	05:17:35	2005
230.	Andrea Müller	05:17:59	2005
231.	Gaby Spatz	05:18:09	2015
232.	Anne Wiedemann	05:21:39	2007
233.	Petra Caspari	05:22:10	2004
234.	Ingeborg Kanter	05:22:33	2002
235.	Monika Kristowiak	05:22:34	2002
236.	Eva-Maria Rochau	05:24:42	2003
237.	Elke Schulz	05:25:02	2005
238.	Brunhilde Dargel	05:27:09	2003
239.	Bärbel Sinke	05:27:09	2003
240.	Birgit Redeker	05:31:25	2006
241.	Gisela Hoischen	05:32:45	2002
242.	Beate Roth	05:40:18	2016
243.	Claudia Obert	05:43:39	2002
244.	Carmen Gottlob	05:49:53	2015
245.	Kornelia Sommerfeld-Poell	05:59:13	2000