

Vereinsrekorde LSF Münster (Stand: 03.05.2012)

100 m

Arne	Fischer	13,13	2010
------	---------	-------	------

200 m

Christian	Vogel	24,68	2006
-----------	-------	-------	------

300 m

Lisa	Schmiedeshoff	46,55	2005
------	---------------	-------	------

400 m

Christian	Vogel	51,71	2005
-----------	-------	-------	------

800 m

Lisa	Schmiedeshoff	2:20,28	2006
------	---------------	---------	------

Christian	Vogel	1:56,15	2005
-----------	-------	---------	------

800-m-Hindernis

Céline	Jocksch	3:02,93	2009
--------	---------	---------	------

David	Veauthier	2:45,36	2008
-------	-----------	---------	------

1.000 m

Lisa	Schmiedeshoff	3:10,38	2007
------	---------------	---------	------

Christian	Vogel	2:33,38	2003
-----------	-------	---------	------

1.500 m

Maria	Weßling	4:49,66	1998
-------	---------	---------	------

Noureddine	Boulouh	4:11,09	2008
------------	---------	---------	------

1.500-m-Hindernis

Valérie	Ludwig	5:35,24	2008
---------	--------	---------	------

2.000 m

Lisa	Schmiedeshoff	6:45,66	2006
------	---------------	---------	------

Michael	Beetz	6:10,99	2009
---------	-------	---------	------

2.000-m-Hindernis

Lisa	Schmiedeshoff	8:10,30	2010
------	---------------	---------	------

Robin	Hoffmann	8:02,02	2006
-------	----------	---------	------

3.000 m

Maria	Weßling	10:27,73	1998
-------	---------	----------	------

Matthias	Pröbsting	9:12,07	2003
----------	-----------	---------	------

3.000-m-Hindernis

Johanna	Rellensmann	12:29,96	2010
---------	-------------	----------	------

Michael	Holtkötter	11:31,98	1998
---------	------------	----------	------

5.000 m

Jana	Hempelmann	18:19,32	2011
------	------------	----------	------

Christian	Schrandt	15:21,80	1998
-----------	----------	----------	------

5 km

Pascal	Hille	15:51	2011
--------	-------	-------	------

Miriam	Schröder	18:21	2012
--------	----------	-------	------

10.000 m

Stefan	Langebach	34:58,38	2008
Johanna	Rellensmann	39:49,31	2012

10 km

Jana	Hempelmann	36:23	2012
Pascal	Hille	32:08	2012

15 km

Jana	Hempelmann	56:27	2012
Pascal	Hille	49:14	2012

Halbmarathon

Jana	Hempelmann	1:21:58	2010
Pascal	Hille	1:08:20	2012

25 km

Jürgen	Tetzlaff	1:31:19	1988
Jana	Hempelmann	1:45:56	2009

Marathon

Jana	Hempelmann	2:54:20	2011
Steffen	Schnieders	2:30:44	2010

50 km

Michael	Geske	3:39:18	1999
Brigitte	Ziegler	3:43:11	1999

100 km

Brigitte	Ziegler	8:55:37	1996
Peter	Samulski	7:54:09	1995